

MORAL PSYCHOLOGY LABORATORY

TOOLS FOR MORAL CHARACTER EDUCATION

Integrative Ethical Education

A Developmental Model

Guidebook, Version 2.1

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“BEST PRACTICE” TEACHING: Brief Summary

WHY DO CHILDREN MISBEHAVE?

- Feel uncared for and like they don't belong (counter with caring relationship)
- Feel incompetent in the situation or with the task (counter with skill building)
- Feel confined without a choice (counter with choices)
- Don't understand what is required of them or have the wrong idea about it (be explicit)
- Lack the self-regulation the task requires (counter with coaching for self-command)

HOW DO CHILDREN LEARN?

- Observation and imitation
- Immersion and practice—for intuition development and construction of understanding
- Explicit instruction while immersed—for deliberative understanding

WHAT INSTRUCTION DOES NOT WORK FOR TRANSFORMATIONAL LEARNING?

- “Teacher telling”
- Drill and kill
- Memorizing inert knowledge

WHAT CLASSROOM & SCHOOL CLIMATES ARE CONDUCTIVE TO LEARNING & FLOURISHING? Teacher discourse and practices:

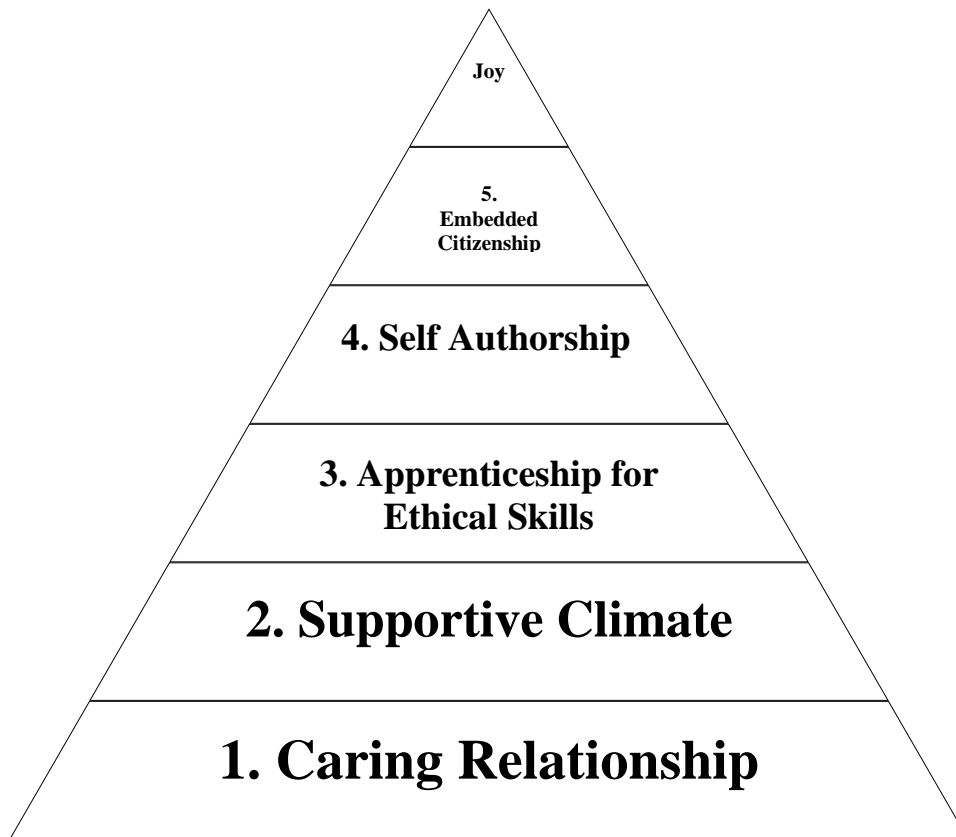
- Emphasis on mastery (rather than on performance—grades, comparison to peers)
- Emphasis on caring community (high expectations for kind and respectful behavior)
- Cultivate group feeling (“aren't we working well together”)
- Emotionally and physically safe environments are conducive to caring for others

GENERAL ATTITUDES TO HAVE

- Assume the child wants to be good.
- Help students meet their basic needs (purpose, self-actualization, understanding, trust, belonging, competence, autonomy)
- Preserve individual dignity (no shaming or demeaning)
- Find unique contributions to the class in each student
- Each person can learn, develop and change with the right support throughout life (*growth* mindset, not *fixed* mindset)
- Teacher-student partnership—guide student till s/he can succeed on own
- Community partnership—students help one another

Today unlike in the past, BEST PRACTICE teaching is not enough to foster ethical character in students. Children today are typically not immersed in a society and activities that emphasize moral development and do not receive the close guidance and supervision needed for moral cultivation.

Because schools are a constant presence in the lives of children, a **more DELIBERATIVE approach to moral character education is advocated.** The Integrative Ethical Education Model, a research-based approach, suggests that educators follow these five steps to foster moral character.



PLUS

**High Expectations and High Community Support
for Achievement and Ethical Behavior**

*The Integrative Ethical Education Model
(Narvaez, 2006; 2007; 2008)*

Integrative Ethical Education *Five Steps for Educators*

1. CARING RELATIONSHIP. Build a caring relationship with each child.

2. SUPPORTIVE COMMUNITY. Nurture a community climate that builds a sense of the common good, encourages life-long learning and high achievement, and supports ethical behavior.

3. ETHICAL SKILLS THROUGH APPRENTICESHIP.
 - 3a. *Ethical Skills*. Cultivate ethical “know-how,” a set of processes and skills that include perception, sensitivity, judgment, motivation and action skills with an identity based in wisdom. Integrate character development into all a school does (academics, sports, policies and procedures) and link skill development to the local community.

 - 3b. *Through Apprenticeship*. Use a novice-to-expert apprenticeship model that fosters self-regulation in all community members. Use direct teaching (explicit explanation, modeling and coaching) and indirect teaching (setting up environments that teach the right intuitions).

4. SELF-AUTHORSHIP. Plato believed that human existence is essentially a problem to the self, in particular it is an identity problem. For Plato, “it is the problem of deciding what to become and endeavoring to become it” (Urmson, 1988, p. 2). In other words, the final responsibility for character development lies with the individual. In their choices and actions, orientations and time allocations, individuals address the question: Who should I be? In an IEE environment, students are provided with tools for self-regulation in character formation.

5. EMBEDDED COMMUNITY CITIZENSHIP Develop community and global citizenship, which leads to individual and community flourishing, and a successful, purposeful life.

STEP 1: Establish a caring relationship with each student.

What does caring look like?

<p style="text-align: center;">BEING WITH means</p> <ul style="list-style-type: none"> •Emotionally engaged: <ul style="list-style-type: none"> •Commitment to being in the moment •Unconditional personal regard •Deep respect •Feeling empathy: <ul style="list-style-type: none"> •Feeling with the other •Develop understanding •Compassionate, active listening •Abiding: <ul style="list-style-type: none"> • Self is set aside • Focused on “us” • Trustworthiness 	<p style="text-align: center;">CHERISHING, DELIGHTING IN</p> <ul style="list-style-type: none"> •Nurturing: <ul style="list-style-type: none"> •Customized caring •Positive parenting-like •Forgiving •Evocative: <ul style="list-style-type: none"> •Call forth image of God •Call forth uniqueness •Flourishing •Playful: <ul style="list-style-type: none"> •Spontaneous •Positive humor •Child like
<p style="text-align: center;">RESPONSIVE</p> <ul style="list-style-type: none"> •Serving <ul style="list-style-type: none"> •Giving of self •Receptivity (Noddings, 2002) •Demanding <ul style="list-style-type: none"> •High expectations •Accountability •Sharing <ul style="list-style-type: none"> •Self transparency •Self as model 	<p style="text-align: center;">Attend to CHILDREN’S BASIC NEEDS</p> <ul style="list-style-type: none"> • Belonging (caring relationships) • Understanding (meaning) • Control (choice, autonomy) • Self enhancement (self actualization) • Trust (supportive community) • Autonomy

Every child is different and individual. The teacher shows respect by tuning in to the needs of the child and showing care in a way that honors the child’s culture and preferences.

STEP 2: Establish a climate supportive of achievement and ethical character.

*See the *Checklist for an Ethical and Achieving Classroom (CEAC)* for more information.

What to pay attention to when building classroom community:

1. STUDENT MOTIVATION

Student autonomy (provide self-direction, build self-efficacy and self regulation)

Student interaction (promote collaboration, provide opportunities for helping others, encourage ownership of the classroom)

Leader relationship: (be a responsive leader, show warmth, offer guidance)

Meet needs of students (emotional, psychological, social, curiosity)

2. COMMUNITY FELLOWSHIP

Solidarity/Diversity/Oneness: (emphasize unity, common good, connectedness)

Student interaction: (provide training in social skills, collaboration, helpfulness)

Trust (treat students with respect and expect the same, build a class narrative—"our story")

Nurture leadership (encourage and guide student leadership, distribute expertise among students, recognize and accommodate diversity when appropriate)

3. HUMAN POTENTIAL

Nurture creativity (help students develop strategies and tools for creative performance in multiple domains)

Developmental Discipline (foster discipline through a sense of commitment/belonging to organization, build skills for self-control and social connection)

Supportive physical structure ([to the degree made possible by finances and opportunity] give students choices in work setting, promote an aesthetic environment, provide a comfortable environment)

4. DEMOCRATIC ORGANIZATION

Open governance (hold class meetings, allow shared decision making and shared leadership)

Open communication channels (set up grievance procedures, due process, open discussions)

Helpful infrastructure (design regulation to promote autonomy, longterm small groups, coaching)

Community building (encourage shared norms, shared values, authenticity)

**STEP 3: Teach ethical skills across the curriculum and extra-curriculum
using a novice-to-expert pedagogy.**

WHAT CAN EDUCATORS DO? Model, emphasize, discuss the skills required for moral behavior: ethical sensitivity, ethical judgment, ethical focus and ethical action.

ETHICAL BEHAVIOR
requires skills in these four areas

ETHICAL SENSITIVITY: *NOTICE!*

Involves picking up on the cues related to ethical decision making and behavior; Interpreting the situation according to who is involved, what actions could be taken, what possible reactions and outcomes might ensue.

Exemplar: Mother Teresa

ETHICAL JUDGMENT: *THINK!*

Involves reasoning about the possible actions in the situation and judging which action is most ethical.

Exemplar: King Solomon

ETHICAL MOTIVATION: *AIM!*

Involves prioritizing the ethical action over other goals and needs (either in the particular situation, or as a habit).

Exemplar: Martin Luther King, Jr.

ETHICAL ACTION: *ACT!*

Involves implementing the ethical action by knowing how to do so and following through despite hardship.

Exemplar: Paul of Tarsus

Step 3A. Ethical Skills

Table with List of Suggested Ethical Skills that can be Taught in Schools*

DIRECTIONS: Consider individual or groups of students, writing “high” or “low” skill level. Then use this in planning intervention. Subskills are listed in Appendix B and can be rated individually.

ETHICAL SENSITIVITY	Student Skill	ETHICAL REASONING	Student Skill
Understand emotional expression		Understand ethical problems	
Take the perspectives of others		Using codes & identifying judgment criteria	
Connecting to others		Reasoning critically	
Responding to diversity		Reasoning ethically	
Controlling social bias		Understand consequences	
Interpret situations		Reflect on process and outcome	
Communicate well		Coping and resiliency	
ETHICAL FOCUS		ETHICAL ACTION	
Respecting others		Resolving conflicts and problems	
Cultivate conscience		Assert respectfully	
Help others		Taking initiative as a leader	
Being a community member		Planning to implement decisions	
Finding meaning in life		Cultivate courage	
Valuing traditions & institutions		Persevering	
Developing ethical identity & integrity		Working hard	

* from the Minnesota Community Voices and Character Education Project (Anderson et al., 2003; Narvaez et al., 2004).

Step 3B. Novice-to-Expert Apprenticeship

The teacher assesses the developmental level and abilities of students for each skill.

Four levels of novice-to-expert instruction can be employed by educators (often more than one at a time to include a range of student capacities:

LEVEL 1: IMMERSION IN EXAMPLES AND OPPORTUNITIES

Attend to the big picture, Learn to recognize basic patterns

The teacher plunges students into multiple, engaging activities. Students learn to recognize broad patterns in the domain (*identification knowledge*). They develop gradual awareness and recognition of elements in the domain.

LEVEL 2: ATTENTION TO FACTS AND SKILLS

Focus on detail and prototypical examples, Build knowledge

The teacher focuses the student's attention on the elemental concepts in the domain in order to build *elaboration knowledge*. Skills are gradually acquired through motivated, focused attention.

LEVEL 3: PRACTICE PROCEDURES

Set goals, Plan steps of problem solving, Practice skills

The teacher coaches the student and allows the student to try out many skills and ideas throughout the domain to build an understanding of how these relate and how best to solve problems in the domain (*planning knowledge*). Skills are developed through practice and exploration.

LEVEL 4: INTEGRATE KNOWLEDGE AND PROCEDURES

Execute plans, Solve problems

The student finds numerous mentors and/or seeks out information to continue building concepts and skills. There is a gradual systematic integration and application of skills across many situations. The student learns how to take the steps in solving complex domain problems (*execution knowledge*).

Note about expertise:

Research shows that expertise development is aided by general strategies and attitudes with which one approaches a new domain. Moral expertise development is aided by an attitude of openness towards others, an attitude of self-growth and development, and an attitude of compassion towards others. Taking these attitudes into each ethical skill allows for more rapid development of the skill.

Guidelines for “selecting schemas to guide instruction” (Marshall, 1999)

A method intended to replace a longitudinal study of expert knowledge in identifying a basic set of expert schemas to guide instruction.

1. According to Marshall, one should Define the Universe of a skill as an expert understands it. We examined philosophical, psychological, and educational literatures for the sensitivities, motivations and problem-solving skills that are considered important for a moral person to have. Some of these are rooted in simpler forms of knowledge and skills, which we included in our final developmental list.
2. Situation Description. We followed the guideline to describe the sets of situations to which expert schemas pertain. For example, we identified ‘emotional expression’ as a skill area. But what does this mean? We tried to break skills into teachable units as subskills (e.g., reading emotions in others, expressing one’s own emotions). Even these, however, are parsable (e.g., reading emotions in one culture or another, in one medium or another, in different sexes or ages). We spent most of our time outlining the big picture—the big list of skills and subskills. Still to be done is to take each subskill and note the characteristics and defining features of each within particular contexts, identifying the relations among elements. So we haven’t done the network mapping of features and their relations although we are able to combine skills and subskills into more complex problems as Marshall suggests.
3. Status Quo Appraisal. Take into account the schemas students have already: What prior knowledge do they have? How do they use prior knowledge and how is it organized? We aimed our skills at the middle school level with the understanding that some skills are simple and should be somewhat familiar to most children by that age whereas some skills require years of study into adulthood if not life-long practice.
4. Source Evaluation. We examined existing instructional materials for match up with identified features of domain. We collected ideas for teachers to use to teach each subskill. For areas untouched by existing materials, we created suggestions for academic instructional activities.
5. Theoretical Verification. We elaborated on the hypothetical schema structures to corroborate that they conform to schema theory by considering the four kinds of knowledge (identification, elaboration, planning, execution) and how they might be manifested in the newly identified schemas. We believe that the skills and subskills we’ve identified can be characterized as schemas and we present activities according to the four kinds of knowledge Marshall has outlined.
6. Practicality check. Whether or not an individual can acquire the knowledge identified is an empirical question, largely answered in the affirmative for empirically-based skills. Some skills, like “Find meaning in life” are less clearly supported by available data yet we believe that identifying adult exemplars for each of the skills and subskills is an indication of their learnability.

STEP 4: Foster student self-authorship and self-regulation.

Virtuous individuals must be autonomous enough to monitor their behavior and choices. Once developed, virtues must be maintained through the selection of appropriate friends, activities and environments (Aristotle, 1988).

Self regulation is the final phase of skill development. Self-regulation has to do with preparing students for post-instruction by helping students build capacities for independent action, learn how to monitor their own performance, and learn to get support they need.

Individuals can be coached in domain-specific self-efficacy and self-regulation (Zimmerman, Bonner, & Kovach, 2002). In fact, the perception of personal agency is formed from our self-regulatory skills and lies at the heart of the sense of self (Zimmerman, 2000). Virtuous individuals have a sense of efficacy for virtue.

Barry Zimmerman (2000) has laid out the phases of self regulation. We reiterate them here.

FOUR PHASES OF SELF REGULATION

- I. Use Forethought
- II. Monitor Performance or Volitional Control
- III. Self-Reflect
- IV. Harness Social & Environmental Influences

I. USE FORETHOUGHT

A. Perform a task analysis of the job to be done. First, establish a hierarchy of goals (proximal and distal). As these are completed, self efficacy is promoted. Second, plan strategically by selecting the methods that are appropriate for the task and setting (all of which may change along the way).

B. Adopt self-motivational beliefs by breaking tasks into small enough pieces for successful completion, building a sense of efficacy. Anticipate outcomes and the positive consequences of reaching them. Adopt internal motivation rather than relying on external (extrinsic) motivation. Experts adopt a mastery orientation to learning (learning for its own sake) rather than a performance orientation (meeting an external goal).

II. MONITOR PERFORMANCE

The second phase of self-regulation is to monitor performance (also known as volitional control). Engaging self-control helps one focus on the task and optimizes effort. There are several techniques that can be used: (1) Self-instruction such as verbalizing the steps as one solves a problem; (2) Using imagery, for example, to visualize success at the task; (3) Focusing one's attention by, for example, structuring the environment (e.g., turning off the television); (4) using task organizing strategies by re-organizing steps or boiling them down to essential parts.

Self observation is also part of monitoring performance. Self recording by keeping track of performance, conditions and effects can help improve performance (e.g., did I cut down on cigarettes today as planned? Why or why not?). Selective and intermittent self monitoring can improve performance. Self-experimentation is also useful in testing functioning under different conditions.

III. SELF REFLECT

The third phase of self-regulation is self-reflection. This is done by self-judgment, for example, comparing self-monitored information with a standard or goal. There are typically four approaches to self-evaluation: mastery, previous performance, collaborative (role fulfillment), and normative (which is problematic). The other factor in self-judgment is attribution of outcomes. Attribution of failure to the need to improve learning strategies is motivating. Attribution of failure to ability is demotivating.

Self-reflection also includes self reaction. One is motivated by the self-satisfaction of meeting a goal. When one does not meet a goal as planned, it is important to use adaptive strategies (rather than defensive or blaming strategies) in order to motivate oneself for subsequent learning and performance. Self administered rewards and praise are motivating. Cheering oneself on is also critical when failure has occurred.

IV. HARNESS RESOURCES

Highly self-regulating people are able to harness social and environmental resources to meet their goals. They rely on others and seek help when needed.

STEP 5: Restore the Village: Asset-Building Communities and Coordinated Developmental Systems.

Necessary Characteristics of Citizens in the 21st Century*

1. Approaches problems as member of a global society
2. Works cooperatively with others and takes responsibility for one's roles and responsibilities in society
3. Understands, accepts, and tolerates cultural differences
4. Thinks in a critical and systematic way
5. Resolves conflict in a non-violent manner
6. Adopts a way of life that protects the environment
7. Respects and defends human rights
8. Participates in public life at all levels of civic discourse
9. Makes full use of information

* Listed in order of priority; From the *Citizenship Education Policy Study Project* (Cogan, 1997)

TEACHER HELPS

1. Link classroom work to the community

- Students relate their work to the needs of the local community
- Students practice civic leadership (develop a vision, strengthen political voice)
- Students learn social entrepreneurship
- Involve parents in classroom activities

2. Promote global awareness

- Students link their work to other students around the world.
- Students promote human rights, celebrate diversity, learn civil disobedience for social justice
- Students to learn cooperation orientation (non-violent conflict resolution)
- Students learn respect for outgroups

3. Develop global citizenship skills

- Students develop sociopolitical awareness of the world (systems, institutions, consequences)
- Students develop ecological consciousness (conservation, preservation, respect for wildness)

4. Cultivate flourishing

- Students learn to develop an engaged and purposeful life
- Students learn to self-actualize
- Students help their communities flourish

These 5 IEE steps lead to student thriving or flourishing --JOY, in the pyramid.

30 Things Teachers Can Do to Enhance Students' Moral Quotients

Here are some ideas for skill development that can be carried out throughout the school day.

ETHICAL SENSITIVITY

Noticing needs, responding with compassion and moral imagination

1. Foster Compassion (highest value in all major religions; the motive behind moral courage)

- Develop heart feelings
- Highlight human needs
- Take the perspectives of others
- Maintain altruism focus throughout day (“How can I/we make things better?”)

2. Build Emotional Intelligence

- Accept the range of human emotion
- Practice respectful emotional expression
- Practice non-violent conflict resolution, including making amends

ETHICAL REASONING

Reasoning about the possible actions in the situation and judging which action is most ethical

3. Practice Decision Making

- Think out loud (teacher models moral decision making)
- Make decisions together as a class
- Reason about choices (Is this fair/just for everyone? Is this kind?)
- Highlight consequences of choices:

4. Understand Framing

- Point out the bias of expectations (my culture, your culture)
- Broaden perspectives with exposure to different points of view
- Practice optimism, gratitude, graciousness

ETHICAL FOCUS

Identifying and prioritizing the ethical

5. Highlight Values

- Students bring their family values into the classroom (family homework).
- Develop classroom values together.
- Nurture attachments to people not things (delight in one another)
- Teach media literacy and control over media
- Encourage counter-consumerist values
- Develop reverence, wonder, awe and gratitude

6. Highlight Citizenship

- Practice community building in the classroom
- Design rituals/traditions as a class
- Practice environmental stewardship

ETHICAL ACTION

Implement ethical action by knowing how to do so and following through no matter what

7. Take Action for Others

- Plan creatively to help others
- Practice assertiveness for others (e.g., how to stand up to a bully)
- Adopt leadership roles in helping others

8. Practice Resiliency

- Practice emotion regulation (when angry I count to 10)
- Practice perseverance
- Practice centering oneself (e.g., deep breathing, focus on the Divine)

STUDENT SELF ASSESSMENT (SELF-MONITORING)

How Did I...?

ETHICAL SENSITIVITY

1. Compassion
 - Calm down?
 - Try to empathize?
 - Consider the other person's needs?
 - Try to find out how that person's perspective?
 - Focus on helping?
2. Emotional Intelligence
 - Accept the emotions in the situation?
 - Express emotions respectfully?
 - Resolve conflict peacefully?

ETHICAL REASONING

3. Practice Decision Making
 - Follow a model of decision making?
 - Work with others to make a decision?
 - Think about choices?
 - Think about all the consequences, especially to others?
4. Understand Framing
 - Consider alternative expectations?
 - Consider alternative choices?
 - Think optimistically?

ETHICAL FOCUS

5. Highlight Values
 - Consider my family values?
 - Consider our classroom values?
 - Put people over things?
 - Control media instead of letting it control me?
 - Consider counter-consumerist values?
 - Step back to be reverent and grateful?
6. Highlight Citizenship
 - Think about how to help our community?
 - Practice our tradition?
 - Be a good environmental steward?

ETHICAL ACTION

7. Take Action for Others
 - Make a plan to help others?
 - Practice assertiveness for others?
 - Take a leadership role in helping others?
8. Practice Resiliency
 - Practice emotion regulation?
 - Practice perseverance?
 - Practice centering myself?

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APPENDIX A: Working with Teachers

The IEE framework balances two formative components critical to its implementation: (1) top-down guidelines for implementation and (2) bottom-up fidelity to the needs of the community. The top-down portion concerns *what* to teach – the 28 skills that contributed to mature moral functioning, and *how* to teach—the novice-to-expert, apprenticeship paradigm that includes fostering deliberative understanding as well as intuition development through immersion experiences. The guidelines are built upon fundamental assumptions about the purpose of schooling--to nurture effective global citizens in the context of community. The guidelines are only half of the equation. The other half are the teachers and community members who decide how best to apply the guidelines in their particular context.

The necessary local adaptation of the guidelines based on local needs is the “bottom-up” half or the overall framework. Each community discusses the guidelines in terms of specific community perspectives, needs, and diversity, adapting them according to its own common understandings of moral being. Universal principles about what and how to teach are adapted for local particularities and are melded together by the community itself. Thus, optimal functioning is grounded in the specific context of the individual and his or her community. This top-down and bottom-up combination allows each community to have its mark on the set of guidelines but within certain parameters, those of optimal functioning within a pluralistic democracy and a global community.

Tools for Fostering or Measuring Teacher Development

Checklist for an Achieving and Ethical Classroom (CEAC)

This is a good place to start with teachers. It is a self-assessment that indicates the parameters of the ethical, achieving classroom but also can demonstrate how much they are doing already.

Teacher Ethical Self-Efficacy Measure (TESEM)

This may be a good measure for pre-post testing teacher efficacy for moral education. It is still under testing. Let Dr. Narvaez know if you would like to test it with your group.

Appendix B: Four Processes, Suggested Skills and Subskills

ETHICAL SENSITIVITY

ES-1: Understand Emotional Expression

Identify and express emotions
 Finetune your emotions/sources of info
 Manage anger and aggression

ES-2: Take the Perspectives of Others

Take an alternative perspective
 Take a cultural perspective
 Take a justice perspective

ES-3: Connecting to Others

Relate to others
 Show Care
 Be a Friend

ES-4: Responding to diversity

Work with group and individual differences
 Perceive diversity
 Become multicultural

ES-5: Controlling Social Bias

Diagnose bias
 Overcome bias/Catch stereotyping & overcome automatic responses
 Nurture Tolerance

ES-6: Interpreting situations

Determine what is happening
 Perceive morality
 Respond creatively (Use your imagination, make connections)

ES-7: Communicate Well

Speaking and listening
 Communicate non-verbally and alternatively
 Monitor communication

ETHICAL JUDGMENT

EJ-1: Understanding Ethical Problems

Gathering information
 Categorizing problems
 Analyzing ethical problems

EJ-2: Using Codes and Identifying Judgment Criteria

Characterizing codes
 Discerning code application
 Judging code validity

EJ-3: Reasoning generally

Use sound reasoning/Avoid reasoning pitfalls
 Make scientific method intuitive/Get feedback
 Monitoring reasoning

EJ-4: Reasoning ethically

Judging perspectives
 Reason about standards and ideals
 Reason about actions & outcomes

EJ-5: Understand consequences

Choose your environments
 Predicting consequences
 Responding to consequences

EJ-6: Reflect on the Process and Outcome

Reasoning about means and ends
 Making right choices
 Re-designing the process

EJ-7: Coping

Apply positive reasoning
 Managing disappointment & failure
 Developing resilience

ETHICAL FOCUS

ETHICAL ACTION (Striving, Perseverance, Implementation)

EM-1: Respecting Others

Be civil and courteous/Act thoughtfully
Be non-violent
Show reverence

EA-1: Resolving Conflicts and Problems

Solve interpersonal problems
Negotiate
Make amends

EM-2: Cultivate Conscience

Self command
Manage influence & power
Be honorable

EA-2: Assert Respectfully

Attend to human needs
Build assertiveness skills
Use rhetoric respectfully

EM-3: Act Responsibly

Meet obligations
Be a good steward
Be a global citizen

EA-3: Taking Initiative as a Leader

Be a leader
Take initiative for and with others
Mentor others

EM-4: Be A Community Member

Cooperate
Share resources
Cultivate wisdom

EA-4: Implementing Decisions

Thinking strategically
Implement successfully
Determine resource use

EM-5: Finding Meaning in Life

Center yourself
Cultivate commitment
Cultivate wonder

EA-5: Cultivate Courage

Manage fear
Stand up under pressure
Managing change and uncertainty

EM-6: Valuing Traditions and Institutions

Identify and value traditions
Understand social structures
Practice democracy

EA-6: Persevering

Be steadfast
Overcome obstacles
Build competence

EM-7: Develop Ethical Identity & Integrity

Choose good values
Build your Identity
Reach for Your Potential

EA-7: Work Hard

Set reachable goals
Manage time
Take charge of your life

**OTHER TOOLS FOR Researchers,
Educators and Parents**

Most of these you can download from:

<http://www.nd.edu/~dnarvaez/> Or
from <http://cee.nd.edu>

**TOOLS FOR TEACHERS: ETHICAL
SKILL INSTRUCTION**

Free from cee.nd.edu/curriculum

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**Updated versions for purchase (each \$10
or all four for \$30):**

Nurturing character in the classroom, EthEx Series, Book 4: Ethical Action. (Narvaez) Notre Dame, IN: ACE Press.

Nurturing character in the classroom, EthEx Series, Book 2: Ethical Judgment. (Narvaez & Bock) Notre Dame, IN: ACE Press.

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