

# MORAL PSYCHOLOGY LABORATORY

Providing tools for ethical character development

# Guide for the Checklist for an Ethical Classroom Version 2 (CEC-2)

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#### **Purpose**

The Checklist for an Ethical Classroom (CEC) is a tool for educators. It is a way to consider the broad aspects of designing a classroom that promotes moral character development and at the same time assess one's own strengths and weaknesses, priorities and goals.

The *Checklist for an Ethical Classroom (CEC)* was developed during the Minnesota Community Voices and Character Education Project, 1998-2002.<sup>1</sup>

#### **Background**

The *Checklist for an Ethical Classroom* is based on findings about the importance of caring classrooms and communities for ethical development and achievement. When students have good relationships with their teachers, they are more likely to feel welcome in the classroom and have a greater sense of belonging, which is related to higher motivation and achievement (Klem & Connell, 2004; McNeely, Nonnemaker, & Blum, 2002; Roeser, Midgley & Urdan, 1996). Teacher caring and support are related to increased student engagement in learning (Libbey, 2004), especially among at-risk students (Connell, Halpern-Felsher, Clifford, Crichlow & Usinger, 1995; Croninger & Lee, 2001).

Organizational climates and cultures shape perceptions and behavior (Power, Higgins & Kohlberg, 1989). When classrooms have climates of mutual respect and caring, students feel greater physical and psychological safety, leading to a greater sense of belongingness (Anderman, 2003; Ma, 2003). In a caring classroom, discipline is not punishment but is coached character development (Watson, 2003). Prosocial behavior is nurtured in communities that foster flourishing and the "developmental assets" that support resiliency (Benson, Leffert, Scales & Blyth, 1998; Wang, Haertel, & Walberg, 1998), so working with parents is vital.

Moral characters are developed through practicing social and democratic skills (Narvaez, 2006). They require a teacher who coaches students on skill development and helps students monitor their own learning (Narvaez, 2007).

#### Research with the Checklist for an Ethical Classroom

Lane-Garon and colleagues (Lane-Garon, Macy, Abramson, Shelton, 2007) have used the CEC in teacher education programs. They use it to measure Component four of the Four Component Model (Rest, 1983 Narvaez Rest 1995). The four components describe the necessary psychological processes that occur when ethical behavior ensues. Ethical sensitivity describes the perception and interpretation of events, including emotional reaction, and developing options for action. Ethical judgment has to do with reasoning and deciding on the most moral action. Ethical focus or motivation prioritizes the moral goal over competing interests. Ethical action or character is required to carry out and complete the action.

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#### **Factors Being Measured**

The factors being measured by the questions include the following.

- Caring relationship with each student
- Safe and trustworthy climate supportive of ethical relationships, meaningful tasks
- Moral identity development—focusing on the positive effects a person can have on others
- Supporting self-respect and self-direction
- Responsiveness to individual needs and differences
- Providing stimulating course content that promotes critical thinking
- Developing student strengths
- Fair decision making and democratic skill building

#### **Scoring**

There is no particular scoring used for the CEC.

Ideally, a teacher uses it annually and compares responses across years, and sees scores increasing (more yes-es and increased self-ratings).

#### Terms of Use

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#### How to cite this guidebook

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#### Let your work be cited

Send copies of your work to Dr. Narvaez, so that they can be cited in this guidebook and other published materials.

#### References

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# CHECKLIST FOR AN ETHICAL CLASSROOM (CEC)

# **PURPOSE**

The Checklist is intended for teacher self-development.

It may also be used for group discussion at teacher workshops, where participants can offer concrete suggestions for goals.

# DIRECTIONS FOR CEC

- 1. The teacher should complete each section's questions.
- 2. Then the teacher can select a goal to work on.
- 3. Use the checklist again in a few months or a year to gauge progress
- 4. The checklist may be used annually to assess self development.

# PROMOTING ETHICAL BEHAVIOR

Yes No 1.	. Is there an	emphasis on co	ommon purpos	es and ideals?			
Yes No 2.	. Do I emph	asize the positi	ve impact (or n	negative) an <u>ind</u>	ividual can	have on other	s?
Yes No 3.	. Do I emph	asize the positi	ve impact (or n	negative) the gro	oup can hav	ve on others?	
Yes No 4.	Are there f	requent opportu	nities for autor	nomy and posit	ive influenc	ce?	
Yes No 5.	Do I empha	size respectful,	supportive rela	ationships amor	ng students,	teachers, and	
pai	rents?						
Yes No 6.	Do the class	sroom rules pro	vide opportuni	ties for childrer	to help on	e another?	
Yes No 7.	Are there f	requent opportu	nities to collab	orate with othe	rs?		
Yes No 8.	Do I help s	tudents discern	and work on p	ositive persona	l goals?		
How woul	ld you rate y	ourself overall	on "Promoting	g Ethical Beha	vior?"		
1 Low	2	3	4	5	6	High 7	
How woul	ld you like to	rate yourself?					
1 Low	2	3	4	5	6	High 7	

# TEACHER RESPONSIVENESS

Yes No	1.	Do I co	ommunicate with e	ach student pe	rsonally each da	ay?		
Yes No	2.	Do I ad	just my behavior fo	or each studen	t to make each f	eel welcom	ne and supp	orted?
Yes No	3.	Do I co	oach a student whe	n he or she is l	naving difficulty	with scho	olwork?	
Yes No	3.	Do I co	oach a student whe	n he or she is l	naving difficulty	with their	behavior?	
Yes No	4.	Do I tr	y to find out what v	will help the st	tudent succeed i	n the class?	?	
	Yes	No a.	By asking parents	?				
	Yes	No b.	By asking the stud	lents themselv	es?			
	Yes	No c.	By consulting rele	vant experts, i	f appropriate?			
**			16 11	<i>"</i> "		. ••		
How w	ould	you rat	e yourself overall d	on "Teacher K	(esponsiveness?	,,,,		
1 Low		2	3	4	5	6	High 7	<u>7</u>
How w	ould	you like	e to rate yourself?					
1 Low		2	3	4	5	6	High 7	<u>7</u>

# **WARMTH and IMMEDIACY**

Yes No	1.	Do I convey s	Oo I convey support of students as human beings?									
Yes No	2.	Do I convey	appreciation	n of students' cu	ıltures?							
Yes No	3.	Do I include	all students	(and their back	grounds) when	using the to	erms "we'	' and				
6	'us''	?										
Yes No	4.	Do I avoid g	etting angry	with the studen	nts?							
How wo	ould	you rate your	self overall	on "Warmth a	nd Immediacy?	? <b>"</b>						
1 Low		2	3	4	5	6	High	7				
How wo	ould	you like to ra	te yourself?									
1 Low		2	3	4	5	6	High	7				
Based o	n ya	our responses,	what goal	will you set for	yourself for im	provement	?					

# **PROVIDING SAFETY and SECURITY**

1 Low		2	3	4	5	6	High	7
How wo	ould	you like to	rate yourself?					
1 Low		2	3	4	5	6	High	7
How wo	ould	you rate y	ourself overall	on "Providing	Safety and Sec	curity?"		
Yes No	7.	Do I enco	ourage the stude	ents to not deve	lop an "us agai	nst them" n	nentality?	
Yes No	6.	Do I prov	vide opportuniti	es for appropri	ate and safe exp	oressions of	feelings?	
Yes No	5.	Do stude	nts feel like they	y can relax and	be themselves	in the class	room?	
Yes No	4.	Do I enco	ourage a sense o	f healthy self-1	respect?			
Yes No	3.	Are high	expectations for	r behavior mai	ntained and sup	ervised?		
Yes No	2.	Do I expe	ect students to tr	reat each other	with respect?			
Yes No	1.	Do I enco	ourage the stude	ents to avoid ne	gative attitudes	?		

# PROVIDING PSYCHOLOGICAL SUPPORT

Yes No	1.	Am I awa	re of students'	personal lives?	•			
Yes No	2.	Do I prov	ide opportunitie	es for developi	ng self-awarene	ess?		
Yes No	3.	Do I prov	ide opportunitie	es for developi	ng self-directio	n?		
Yes No	4.	Do I prov	ide opportunitie	es for developi	ng self-control	?		
Yes No	5.	Do I help	the children lea	arn how to get	along with each	other?		
Yes No	6.	Do I prov	ide opportunitie	es for respectfu	ıl discussion of	different vi	ewpoints'	?
Yes No	7.	Do I disp	lay and encoura	ge a positive r	egard for others	s, including		
		giving o	others the benefi	it of the doubt?	•			
How wo	uld	you rate y	ourself overall	on "Providing	Psychological	Support?"		
1 Low		2	3	4	5	6	High	7
How wo	uld	you like to	rate yourself?					
1 Low		2	3	4	5	6	High	7

# STIMULATING CURRICULUM CONTENT

Yes No	1.	Do I provi	de opportunitie	es for student in	nput into curric	ulum?		
Yes No	2.	Does the c	urriculum pres	ent multiple vi	ewpoints when	relevant?		
Yes No	3.	Is information	tion about dive	erse opinions ar	nd options impa	arted in an e	exciting, p	ositive,
i	nter	esting mann	er?					
Yes No	4.	Are value	conflicts and e	thical dilemma	s discussed in l	essons?		
Yes No	5.	Do we disc	uss meaningfu	l life questions	when possible	?		
How wo	ould :	you rate yo	urself overall	on "Stimulatin	g Curriculum	Content?"		
1 Low		2	3	4	5	6	High	<u>7</u>
How wo	ould <u>:</u>	you like to	rate yourself?					
1 Low		2	3	4	5	6	High	<u>7</u>

# TRUST BUILDING 1. Are opportunities provided for the building of trust among members of the class? Yes No 2. Is trust of rules and systems encouraged? Yes No 3. Is justice/fairness an explicit concern of the mine? Yes No How would you rate yourself overall on "Trust Building?" 5 6 High 7 1 Low How would you like to rate yourself? 1 Low High 7 Based on your responses, what goal will you set for yourself for improvement? **MEETING NEEDS OF STUDENTS** Are there opportunities for students to meet needs normally taken care of outside Yes No the classroom? Physical? Emotional? Psychological? Intellectual? How would you rate yourself overall on "Meeting Needs of Students?" 5 1 Low High 7 How would you like to rate yourself?

Based on your responses, what goal will you set for yourself for improvement?

1 Low

5

6 High 7

# **NURTURING CREATIVITY**

Yes No	1.	Do I give s	students choic	es to follow wh	nat interests the	m for assigi	nments?	
Yes No	2.	Do I provi	de opportuniti	es for individu	al variability in	how assign	nments are	
(	com	pleted?						
Yes No	3.	Do I allow	opportunities	for individual	self-expression	?		
How wo	ould	you rate yo	urself overall	on "Nurturing	g Creativity?"			
1 Low		2	3	4	5	6	High	7
How wo	ould	you like to	rate yourself?	,				
1 Low		2	3	4	5	6	High	7

# CRITICAL THINKING DEVELOPMENT

Yes No	1.	1. Do I provide opportunities for students to think logically?										
Yes No	2.	Do I help s	students devel	op the critical the	hinking skills?							
Yes No	3.	Do I provi	de criteria for	judging the ade	equacy of ideas	or content?						
Yes No	4.	Do I provid	de opportuniti	es for students	to ask <u>content</u> q	uestions?						
Yes No	5.	Do I provid	de opportuniti	es for students	to ask <u>idea q</u> ues	stions?						
Yes No	6.	Do I provid	de opportuniti	es for students	to think about v	arious solu	tions to					
1	prob	lems?										
How wo	ould	you rate yo	urself overall	on "Critical Ti	hinking Develo	pment?"						
1 Low		2	3	4	5	6	High	7				
How wo	ould	you like to i	rate yourself?									
1 Low		2	3	4	5	6	High	7				

# **EMPHASIZING UNITY**

How wo	uld	you like to	rate yourseig.					
		1.1	rate yourself?					
1 Low		2	3	4	5	6	High	7
How wo	ould	you rate ye	ourself overall	on "Emphasiz	ing Unity?"			
Yes No	4.	Do I empl	hasize positive	impact the gro	up can have on	others?		
Yes No	3.	Do I illus	trate the negativ	ve effects of no	ot working toget	ther as a lar	ge group?	?
Yes No	2.	Do I prov	ide opportuniti	es for cooperat	ive behavior as	a large gro	up?	

# DIVERSITY RECOGNITION AND ACCOMMODATION

Yes No	1	Am I aware of	the diversity ir	the classroom (	(culture/ethnicit	y, econo	omic we	ll-being,
1	fami	ly configuration	n, family value	es, ability/disabil	lity, and so on)	?		
Yes No	2.	Do I use the d	liversity in the	classroom to he	lp everyone lea	rn?		
Yes No	3.	Do I use the d	liversity in the	classroom to he	lp everyone get	along w	ith each	other?
Yes No	4.	Do I respond	effectively to t	he diversity in the	he classroom?			
Yes No	5.	Do I and the s	structure of ins	truction support	diverse student	s?		
How wo	ould	you rate yours	elf overall on	"Diversity Reco	gnition and Ac	commod	lation?'	<b>,</b>
1 Low		2	3	4	5	6	High	7
How wo	ould	you like to rate	e yourself?					
1 Low		2	3	4	5	6	High	7
						_		

#### **OPEN GOVERNANCE**

1. Is hierarchy used only when necessary? Yes No Yes No 2. Is hierarchy used only when it benefits students? Yes No 3. Do I make clear what my responsibilities are and what student responsibilities are? 4. Do I convey clear expectations for student behavior? Yes No 5. Is it clear what to do when there is an academic problem? Yes No Yes No 6. Is it clear what to do when there is a social problem? 7. Is it clear what to do when there is an individual psychological problem? Yes No Yes No 8. Do I allow for joint decision making on meaningful decisions, within limits? How would you rate yourself overall on "Open Governance?" 5 1 Low High 7 How would you like to rate yourself? 5 High 7

# **OPEN COMMUNICATION CHANNELS**

Yes No	1.	Can stud	ents raise issues t	that concern th	nem with me?			
Yes No	2.	Can stud	ents raise issues t	that concern th	nem with each o	ther?		
How wo	ould y	ou rate y	ourself overall o	n "Open Con	nmunication Ch	annels?"		
1 Low		2	3	4	5	6	High	7
How wo	ould y	ou like t	o rate yourself?					
1 Low		2	3	4	5	6	High	7
Based o	n you	ur respon	ses, what goal w <u>HE</u>		yourself for imp		,	
			aucratic regulationstructures altered	•		the students	s?	
How wo	ould y	ou rate y	vourself overall o	n "Helpful I <i>i</i>	nfrastructure?"			
1 Low		2	3	4	5	6	High	7
How wo	ould y	ou like t	o rate yourself?					
1 Low		2	3	4	5	6	High	7

# FOSTERING AN INTELLECTUAL CLIMATE

Yes No	1.	Is exciten	nent about lear	ning fostered?				
Yes No	2.	Is deep th	inking encoura	nged (e.g., purs	uing a line of q	uestioning 1	to the end,	
		sorting o	out the element	s in a problem)	?			
Yes No	3.	Is curiosit	y fostered?					
Yes No	4.	Are there	materials in the	e classroom to	foster curiosity	and serend	ipitous learn	iing?
Yes No	5.	Are there	materials in the	e classroom in	many domains	and at diffe	rent levels?	
1 Low		2	3	4	5	6	High 7	-
1 Low		2	3	4	5	6	High 7	-
How wo	ould	you like to	rate yourself?					
1 Low		2	3	4	5	6	High 7	· -

# SUPPORTIVE PHYSICAL STRUCTURE

(to the degree made possible by finances and opportunity)

Yes No	1.	Is the furniture set up to be comfortable for students?						
Yes No	2.	Is the room decorated in an aesthetically-pleasing manner?						
Yes No	3.	Does the room décor reflect the diversity in the school?						
Yes No	4.	Is the room temperature comfortable?						
Yes No	5.	Can the design and furniture of the room accommodate different teaching styles?						
How would you rate yourself overall on "Supportive Physical Structure?"								
1 Low		2	3	4	5	6	High	7
How wo	uld	you like to r	rate yourself?					
1 Low		2	3	4	5	6	High	<u>7</u>
Based o	n yo	our response	s, what goal 1	will you set for	yourself for im	provement	?	

#### **TOOLS FOR Researchers, Educators and Parents**

#### Most of these you can download from:

http://www.nd.edu/~dnarvaez/ Or from http://cee.nd.edu

#### TOOLS FOR TEACHERS: ETHICAL SKILL INSTRUCTION

#### Free from cee.nd.edu/curriculum

- Narvaez, D. with Endicott, L., Bock, T., & Mitchell, C. (2001). *Nurturing character in the middle school classroom: Ethical Action.* St. Paul: Minnesota Department of Children, Families and Learning.
- Narvaez, D. & Bock, T., with Endicott, L., & Mitchell, C. (2001). Nurturing character in the middle school classroom: Ethical Judgment. St. Paul: Minnesota Department of Children, Families and Learning.
- Narvaez, D., & Endicott, L., with Bock, T., & Mitchell, C. (2001). *Nurturing character in the middle school classroom: Ethical Sensitivity*. St. Paul: Minnesota Department of Children, Families & Learning.
- Narvaez, D. & Lies, J. with Endicott, L., Bock, T., & Mitchell, C. (2001). *Nurturing character in the middle school classroom: Ethical Motivation*. St. Paul: Minnesota Department of Children, Families and Learning.

# Updated versions for purchase (each \$10 or all four for \$30):

- Nurturing character in the classroom, EthEx Series, Book 4: Ethical Action. (Narvaez) Notre Dame, IN: ACE Press.
- Nurturing character in the classroom, EthEx Series, Book 2: Ethical Judgment. (Narvaez & Bock) Notre Dame, IN: ACE Press.
- Nurturing character in the classroom, EthEx Series, Book 1: Ethical Sensitivity. (Narvaez & Endicott) Notre Dame, IN: ACE Press.
- Nurturing character in the classroom, EthEx Series, Book 3: Ethical Motivation. (Narvaez & Lies) Notre Dame, IN: ACE Press.

Integrative Ethical Education: Guide (Narvaez)

#### TOOLS FOR RESEARCH AND ASSESSMENT

- Citizenship Scale For Elementary and Secondary School Students: Guide. Laboratory for Ethical Development and Education, University of Notre Dame
- Ethical Goodness Scale For Elementary and Secondary School Students: Guide. (Narvaez, Bock & Vaydich) Laboratory for Ethical Development and Education, University of Notre Dame
- Community Bonding Scale: Guide. (Narvaez) University of Notre Dame: Center for Ethical Education.

Attitudes Towards Human Rights Inventory: Guide. (Narvaez, Thoma, Getz) University of Notre Dame: Center for Ethical Education.

Positivity Scale: Guide. (Narvaez) University of Notre Dame: Center for Ethical Education.

Moral Theme Inventory (MTI): Guide. (Narvaez & Bock) South Bend, IN: Notre Dame University.

**Assessing Ethical Skills:** Guide (Narvaez)

**Checklist for an Ethical Classroom:** Guide (Narvaez)

Checklist for an Achieving and Ethical Classroom: Guide (Narvaez)

Tuning into Ethical Behavior: Guide (Narvaez)

*Multicultural Experiences Questionnaire (MEQ)* (Narvaez, Endicott, & Hill)

**Rating Ethical Content System** (RECS) for children's media (Narvaez)

#### **TOOLS FOR PARENTS**

*Tuning into Ethical Behavior:* Guide (Narvaez)

**Nurturing a Peaceable Child** (Warren, Vaydich & Narvaez)