

ROTATED FACTOR PATTERN OF THE HELPING ORIENTATIONS

Item Number and Statement	Model and Study Number						h^2			
	Expertise		Direct Guidance		Self-gen-erating		Empow-erment			
	1	2	1	2	1	2	1	2		
1. For the best results people should rely upon experts to solve their problems.	.69	.72	.31	.24	-.02	-.14	-.25	-.12	.63	.62
2. Life's problems are too complicated. People have to rely upon skilled people for proper assistance and/or treatment.	.61	.74	.25	.13	-.10	-.06	-.14	.02	.47	.56
3. People would be a lot better off if they followed the advice of experts.	.60	.70	.25	.17	.13	.04	-.16	-.13	.46	.54
4. It is foolish to expect people to be able to solve their problems alone when there are so many specialists.	.55	.71	.14	.09	-.13	-.26	.05	-.07	.33	.59
5. If you want to get something done, the biggest problem is finding the right person to tell you how to do it.	.53	.55	.31	.30	-.17	-.25	-.07	.19	.41	.49
6. It's silly to rely upon oneself when there are so many more knowledgeable people.	.51	.60	.21	.17	-.19	-.06	-.10	-.17	.35	.52
7. Behind every problem faced is someone not doing something they should have.	.01	.21	.58	.66	.19	.14	.02	-.03	.37	.50
8. People's biggest limitation is their unwillingness to accept proper moral guidelines.	.18	.20	.54	.68	.01	-.06	.01	.09	.33	.52
9. There is always a right way and a wrong way to do things.	.11	.12	.51	.57	.10	.07	-.22	-.08	.33	.35
10. People must submit to other's ideas about proper behavior if they are going to resolve their problems.	.26	.30	.46	.63	.01	-.14	.10	-.10	.29	.52
11. Without the guidance that social norms provide, people would amount to nothing.	.16	.06	.44	.54	-.07	.06	-.04	-.16	.23	.32
12. For society to function well, people need to be told what to do by those who know what is proper.	.19	.00	.40	.66	.01	.09	-.01	-.08	.20	.45
13. If people were not fearful of rejection by others, they wouldn't try to do what is right.	.14	.23	.38	.55	-.03	.08	.02	.00	.17	.36
14. The real solution to people's problems must come from them.	-.09	-.24	-.06	-.11	.55	.55	.14	.07	.33	.38
15. People are ultimately responsible for the problems they have.	.04	-.16	-.04	.05	.53	.53	-.04	.18	.28	.36
16. When things are tough, people have to rely on themselves and try harder.	-.12	-.11	.02	.08	.52	.67	.22	-.06	.33	.48
17. Sheer determination will do a lot more for people than relying on others to solve their problems.	-.34	-.06	.02	.08	.46	.60	.30	-.11	.42	.38
18. Life requires people to take a stand when dealing with the problems they created.	-.22	-.07	-.01	.00	.46	.53	.33	.24	.36	.34
19. Whoever has the problem has the responsibility to make it right.	.03	-.03	.16	.21	.43	.27	.05	.15	.21	.14
20. Life requires people to work for what they want because there is nothing in their way but themselves.	-.07	.13	.05	.00	.35	.63	.12	-.26	.15	.48
21. Rather than assessing blame, people should be concerned with helping others overcome limitations imposed on them by society.	-.14	-.10	-.15	-.08	.27	.37	.61	.52	.49	.42
22. People need the cooperation of others to compensate for the obstacles imposed upon them by their situations.	-.01	-.01	.02	.00	.19	-.02	.52	.62	.31	.39

(continued on next page)

TABLE 1 (CONT'D)
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Item Number and Statement	Expertise		Model and Study Number				b'			
	1	2	Direct Guidance		Self-generating		Empowerment	1	2	
			1	2	1	2				
23. People should help others help themselves.	-0.25	-0.11	-0.13	-0.30	.40	.33	.58	.55	.57	.51
24. Often people do not solve their own problems because they are held back by circumstances.	-0.05	-0.14	.08	.07	.05	-0.13	.52	.55	.28	.34
25. Often people are not given an opportunity solve their own problems.	-0.04	.01	-0.03	-0.18	.04	.00	.43	.63	.19	.43
Eigenvalues	2.52	3.99	2.07	3.72	1.99	2.87	1.89	2.28		