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Check out CDC guidelines for baby-friendly hospitals:

http://www.cdc.gov/media/releases/2011/p1013_babyfriendly_hospitals.html

World Health Organization's Ten Steps To Successful Breastfeeding.

The BFHI promotes, protects, and supports breastfeeding through The Ten Steps to Successful Breastfeeding for Hospitals, as outlined by UNICEF/WHO. The steps for the United States are:

- ¹Have a written breastfeeding policy that is routinely communicated to all health care staff.
- ²Train all health care staff in skills necessary to implement this policy.
- ³Inform all pregnant women about the benefits and management of breastfeeding.
- ⁴Help mothers initiate breastfeeding within one hour of birth.
- ⁵Show mothers how to breastfeed and how to maintain lactation, even if they are separated from their infants.
- ⁶Give newborn infants no food or drink other than breastmilk, unless *medically* indicated.
- ⁷Practice “rooming in”-- allow mothers and infants to remain together 24 hours a day.
- ⁸Encourage breastfeeding on demand.
- ⁹Give no pacifiers or artificial nipples to breastfeeding infants.
- ¹⁰Foster the establishment of breastfeeding support groups and refer mothers to them on discharge from the hospital or clinic.