

# Session 5: Dignity

### Agenda

- 1. Measuring value
- 2. Gold stars and self worth
- 3. Sic transit gloria mundi
- 4. Moreau Peer Leader (MPL) testimonial
- 5. Group discussion: failure
- 6. Group discussion of Temple, Nouwen, and Sims
- 7. Group discussion: small things can be big

#### For Next Time

- 1. Read Fujimura, "Art and Faith"
- 2. Read Angelou, "And Still I Rise"
- 3. Watch refraction video from Laura Miller-Graff
- 4. Co-Curricular activities:
  - a. Connect Retreat
    <a href="https://moreaufirstyear.nd.edu/co-curricular-learning/co-curricular-events/connect-retreat-w-campus-ministry/">https://moreaufirstyear.nd.edu/co-curricular-learning/co-curricular-events/connect-retreat-w-campus-ministry/</a>
    (September 26-27) (also
  - b. Dead Man Walking film discussion <a href="https://moreaufirstyear.nd.edu/co-curricular-learning/co-curricular-events/dead-man-walking-film-and-discussion-w-prof-mattison/">https://moreaufirstyear.nd.edu/co-curricular-learning/co-curricular-events/dead-man-walking-film-and-discussion-w-prof-mattison/</a> (September 28)
  - c. Dangers of Digital Dignity
    <a href="https://moreaufirstyear.nd.edu/co-curricular-learning/co-curricular-events/dangers-of-digital-dignity-w-prof-arner-and-moreau-peer-leaders/">https://moreaufirstyear.nd.edu/co-curricular-learning/co-curricular-events/dangers-of-digital-dignity-w-prof-arner-and-moreau-peer-leaders/</a> (October 2)

### What is more valuable?

#### • Basket A:

- O Macbook Pro: \$1200
- O Smart phone: \$400
- Electric scooter: \$300

#### • Basket B:

- HP laptop: \$500
- Flip phone: \$100
- Non-electrical scooter: \$100

### What is more valuable?

- Financial security A:
  - Face value of \$1000
  - Guaranteed annual coupon payments of \$100
  - O Discount rate of 5%
  - 10 years to maturity
- Financial security B:
  - Face value of \$1000
  - Expected annual coupon payments of \$100
  - Discount rate of 5%
  - o 30 percent chance of default within five years
  - 10 years to maturity

# What is more valuable as a potential employee?

#### • Person A:

- Graduated from Princeton with 3.94 GPA
- Majored in Economics
- Speaks three languages
- Was captain of the rowing team

#### • Person B:

- Graduated from Ball State with a 2.97 GPA
- Majored in leisure studies
- O Doesn't speak a foreign language
- Was involved in her sorority

## Who is more valuable as a person?

#### • Person A:

- Graduated from Princeton with 3.94 GPA
- Majored in Economics
- Speaks three languages
- Was captain of the rowing team

#### • Person B:

- Graduated from Ball State with a 2.97 GPA
- Majored in leisure studies
- O Doesn't speak a foreign language
- Was involved in her sorority

### Gold Stars and Self-Worth

- Our modern society teaches us that our value, our dignity, derives from our accomplishments. This is utilitarianism
- Accomplishments (gold stars!) are not bad. In fact, they're good!
- Utilitarianism is itself not bad, and is probably a good way to make policy decisions at an aggregate level
- But if you base your individual self-worth on your accomplishments, you're setting yourself up for misery
  - There's always another accomplishment
  - There's always going to be somebody "better"
  - The "highs" from accomplishment get smaller and less persistent
  - We spend a lot more time on the side of the mountain (or in the valley) than at the top!



# Sic transit gloria mundi

Patton: link

# What are your primary goals in life?



### Mine?

- 1. Get to Heaven
- 2. Leave the world a better place than I found it

# Moreau Peer Leader Testimonial

Beating the Rat Race

# Small-Group Discussion: Normalizing Failure

Describe a situation in which you have <u>failed</u> in the last 6-12 months

- 1. How did it make you feel?
- 2. How have you grown from that experience?

# Group Discussion

- 1. Temple, "What's Best for Them?"
  - 2. Noewen, "Life of the Beloved"
    - 3. Sims refraction video

# Group Discussion:

"small things can be big"

What is some small thing that you could be better at or more regularly do?

- 1. How might this small act impact others?
- 2. How might this small act impact you?