



Moreau  
PROGRAM

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# Session 6: Hope

# Agenda

1. Hope: *Shawshank Redemption*
2. Kintsugi, brokenness, and resurrection
3. Small group activity: identify someone *hopeful*
4. Small-group activity: discuss a challenging situation you've faced in the last week
5. Moreau Peer Leader Testimonial
6. Group discussion: thoughts on the readings
7. Mid-semester feedback
8. Class photo!

# Upcoming

1. Murphy's Ice Cream with Sophie!
2. Read Aristotle, "Nicomachean Ethics"
3. Read Lewis, "The Inner Ring"
4. Watch refraction video from Battista and Imsfeld
5. Co-curricular activity: Kintsugi practices with student health and wellness  
<https://moreaufirstyear.nd.edu/co-curricular-learning/co-curricular-events/embracing-hope-kintsugi-practices-w-student-health-and-wellness/> (October 2, 3, and 13)
6. Co-curricular lab: intergenerational interview  
<https://moreaufirstyear.nd.edu/co-curricular-learning/co-curricular-labs/hope/>
7. Upcoming Co-Curricular activity: signature event with Fr. Dowd (October 7, 7-8 pm, Notre Dame Stadium)
  - a. Send Sophie your t-shirt size by tonight!

## *Shawshank Redemption* (1994)

“Hope is a dangerous thing”

<https://www.youtube.com/watch?reload=9&app=desktop&v=MH1lAoCuA-o>

“Hope is a good thing, maybe the best of things, and no good thing ever dies”

[https://www.youtube.com/watch?app=desktop&v=Q\\_4mxtD634](https://www.youtube.com/watch?app=desktop&v=Q_4mxtD634)



# Mako Fujimura with Pope Francis



# Doubting Thomas



John 20:29: Then Jesus told him, “Because you have seen me, you have believed; blessed are those who have not seen and yet have believed.”



# Brokenness?





“We must be people with hope to bring.  
There is no failure the Lord’s love cannot reverse,  
no humiliation He cannot exchange for blessing,  
no anger He cannot dissolve,  
no routine He cannot transfigure.  
All is swallowed up in victory.  
He has nothing but gifts to offer.  
It remains only for us to find how even the cross  
can be borne as a gift.”

*-Constitution 8,  
Congregation of Holy Cross*



## *Small-Group Discussion*

- *Who in your life would you describe as particularly “hopeful”?*
- *What/who/where is the source of this person’s hope?*
- *What is a story of this person acting in hope?*

## *Small-Group Discussion*

- *Discuss a challenge or challenging situation you have faced during the last week*
- *How did you respond to it? How could you have been more hopeful?*

# *Moreau Peer Leader Testimonial*

# *Group Discussion on the Readings + Refraction*

# *Course Feedback*